



# Meet Our Board Members

- Legislation updates.
- Student Involvement.
- Fall workshop update.

This Spring we elected new members, as well as some members to their second terms on our state board. Let’s meet them all!



I am Heather Hodges. I live in Mooresville, NC with my two children, Hatten and Liam, and my husband, Clark. We have a blue Tick Hound, Daisy. I graduated in 2011 from Cabarrus College of Health Sciences in Concord, NC. I am employed by Gateway Surgery Center in Concord as a Certified Surgical Technologist. I have been a Board Member of the North Carolina State Assembly of Association of Surgical Technologists since 2013 and the Chair of the Legislative Committee since 2014. I love being a member of the state assembly and all that AST stands for. I look forward to being your voice over the next two years. I want to thank you for the opportunity to be your president. We are going to have a fantastic two years.



Hello, my name is Katie Dowdy I am currently serving my second term as Vice President for the North Carolina State Assembly of the Association of Surgical Technologists. I am also currently on the Association of Surgical Technology Bylaws, Resolutions, and Parliamentary Procedures committee for my second term. I am a CST/CSFA/CSA and I received my FAST credentials in 2018 at national conference. I have been a Certified Surgical Technologist for roughly 10 years and a CSFA/CSA for 4 of those years. Orthopedics has always held a special place in my heart. Legislation has been at the heart of my tenure for some time now and every day is a day closer to gaining the recognition we deserve as the technologist in the rooms. My goal has never changed and always remains focused on our membership. We have made great strides on the legislative front and will continue to grow. I thank you for allowing me to represent you as your Vice President for another term.



My name is Misty Tuttle and I live right outside of Greensboro. I am married and I have an amazing little girl! I have been a certified surgical technologist for almost 20 years. I

graduated with my Associates in Applied Science in 2008 and I currently work for Cone Health on the Wesley Long campus where I am the Lead Surgical Technologist for the General Surgery service. In that role I am a leader and a resource for my service as well as a preceptor for new employees, RN residents, and students among many other important responsibilities as Lead Tech. I have served on the NC State Assembly board for almost 10 years and have enjoyed every minute! I love that I get to meet techs that share the same passion about our profession. By serving on the Board, I am privileged to be a voice for all techs across this state. Thank you for allowing me to serve as secretary and I look forward to an amazing year!

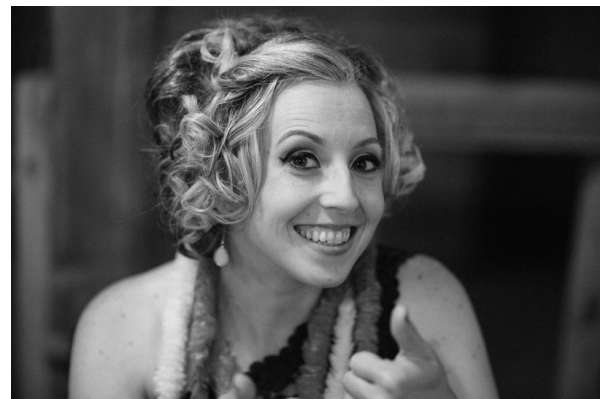


Hello, I'm Adam Stenross-Russell. I graduated Durham Technical Community College's Surgical Technology program in 2012, immediately took my certification exam and have been a Certified Surgical Technologist for the past 7 years. Since getting my certification, I have worked for the Duke University Health System and I recently took a position with the North Carolina Specialty Hospital. This is my first term as a Board Director for the North Carolina State Assembly of the Association of Surgical Technologists and I very much enjoy doing my part to support and represent all Surgical Techs. When not at work, I spend my time with my wife and our three rambunctious boys or can be found in the garage wrenching on an assortment of classic Volvos.



Hi, my name is Jamie Tinsley and I am from the Greensboro area. I have been a Surgical Technologist for 20 years and have been certified for the majority of those years. I am the Lead

Surgical Technologist for the Urology team at Wesley Long Hospital. I love my job and have never thought twice about my career. I am married with two boys that keep me going when I am not at work. I have served on the North Carolina State Assembly for the past five years as Board Director, Vice President and Treasurer. I look forward to serving you for another term as Treasurer!

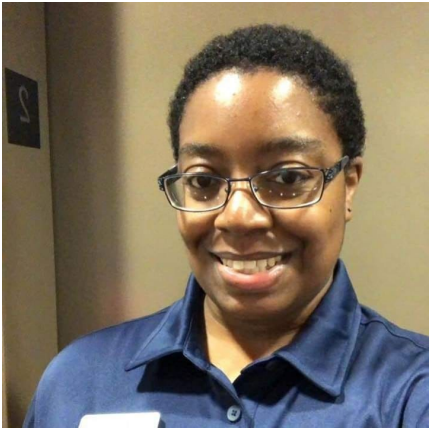


Hello. My name is Brittany Votaw and I am proud to be serving in my second term as a Board Director for the North Carolina State Assembly of the Association of Surgical Technologists. I have been scrubbing for over 10 years in a wide variety of specialties. I have been a lead tech, an Orthopedic Coordinator, a surgery scheduler, and a private scrub all in those amazing years. Each title gave me more passion and love for this field. Students and certification are my passion in this association and I am happy to see our state making the steps towards making the Operating Room safe by requiring certification. We are the face behind the mask and we are one step closer to having a more prominent presence in our beloved field. I am from Waxhaw, a very small antique town outside of Charlotte. I reside there with my boyfriend, our amazing son, and our two dogs. When I am not working, I am either singing or finding a project to finish. I am truly honored to be a voice of the amazing techs in this state and in this association. My time as Board Director has given me so much more passion for this profession and the people in it. I can't wait to see what the future brings for us all!





Hello, I'm Christine Anderson. I am originally from the Buffalo, NY area and currently live in Cary with my two beautiful children, Logan and Anabella, and my husband, Many. I graduated from Miller Motte College in 2016 with an Associate's Degree in Applied science, minoring in Surgical Technology. I am fortunate to work for Duke Ambulatory Surgical Center in Durham and I am privileged to be part of an exceptional team where we all come together to make the patients experience the best. I co-hosted the 2019 Spring State Conference and really enjoyed having the opportunity to get more involved in our profession. I am even more excited to be elected to the North Carolina State Assembly of the Association of Surgical Technologists Board of Directors and can't wait to join forces and make a difference in our profession at the state level!



Hello. My name is Gina Barrow and I am a Certified Surgical Tech. I have been a tech for 8 years and I am currently an Eye Tech working for Sightpath Medical. I love my job and it affords me flexibility while doing what I love. I am excited to be on the Board of Directors for the North Carolina State Assembly.



Hi, I'm Kristina. I have been teaching Surgical Technology students since 2002 and enjoy sharing my profession with others. The students start with no background in the operating room or the responsibilities as a Surgical Technologist. They quickly learn the importance of their role and how they can impact surgical patient care. When I am not teaching, I work PRN in a local hospital. My favorite types of surgery include orthopedics and plastics. As a Certified Surgical First Assistant, I was given an opportunity to work for a plastic surgeon which provided me with additional knowledge and skills for the surgical patient. One of my greatest accomplishments is when I have the privilege of working side-by-side with a former student. Nothing makes me more proud than to call them a colleague.



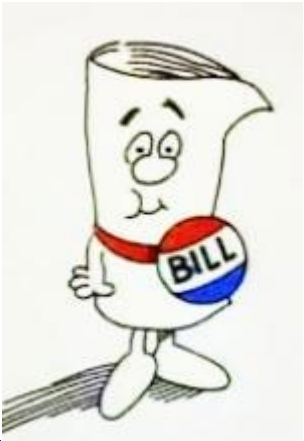
# Proud of All of Our Students



Scrub bowl and student attendance has been at our heart for so long. We are so proud of all the participants from this Spring’s Scrub Bowl. This year Coastal Carolina Community College brought home the trophy of Champion. Our assembly have been in conversation of how to grow our student involvement at our workshops. We have had many conversations and we would love to hear from you, the students/former students/educators/colleagues of what we can do to make this better. We would love to have all of our schools and students in attendance for our workshops and to throw in for the title of Scrub Bowl Champions!



## Legislation



Our new bills, House Bill 43 and companion Senate Bill 43 have been filed as of February 7, 2019. We have bipartisan sponsorship of our bill in the Senate. House Bill 43 pass out of the House and into the Senate on April 3, 2019. There we no questions or objections. Now House Bill 43 sits in Senate awaiting to be read. We are very positive that this is our year to make having Certified Surgical Technologists a standard in our state! Look for more information to come for how you can help by writing your Senator’s in your district to support our bill.

## Fall Workshop



Mark your calendars! On **September 21, 2019** our Fall Workshop will be in the beautiful city of Charlotte, at the Central Piedmont Community College. Look for more details to come. We look forward to seeing everyone there!



We had an amazing time meeting everyone at the our National Conference to celebrate 50 years of being an association. It was truly inspiring to be surrounded by such passionate individuals.



As always, we would like to thank each and everyone one of you for your continued support and membership with our State Assembly. Your opinion matters to us. We are always available to reach out to for whatever you may need. Our email address are listed on the AST website, as well as on our state website at [www.nc.ast.org](http://www.nc.ast.org). Our website will be going through some changes, therefor during that time please keep up to date with us on our Facebook page. We look forward seeing everyone at our fall meeting!

